

GRACE & TRUTH

Marriage Journey II

How to Have Difficult and Emotional Conversations

Some topics are very difficult for couples, parents and children, teammates in ministry, etc. so they are either avoided or result in more pain when discussed. This four-hour breakfast/seminar will cover essential concepts and skills to increase your confidence and ability to have such conversations in a way that builds rather than hurts your relationships. Attendees will have opportunity to practice skills privately with their spouse (or those without partner present can practice individually).

The skills taught in this seminar are transferable to other relationships. Participants do not have to be married to benefit. Dating and engaged couples, singles and parents wanting effective skills for communication with their children are welcome.

The presenters are Jeff and Jill Williams who are pioneering a unique approach to coaching couples that is being spread globally through their coaching of mission leaders and tele-classes to train couples to provide marriage coaching to others. *"Our greatest thrill is to equip couples with skills that have helped us to recover abundant hope, pleasure and purpose in our own marriage."*

Cost: \$45/couple includes breakfast, snacks and seminar materials.*

Date: Saturday, May 16th

Location: Cedarbrook Community Church, 23700 Stringtown Rd., Clarksburg, MD 20871

Time: Breakfast served 8-830am, seminar begins at 845am, concludes at 12:45pm.

Register: online at www.graceandtruthrelationship.com, or 301-515-1218, or Jill@graceandtruthrelationship.com

*Partial scholarships available on limited basis

***The Marriage Journey Part II focuses on emotional and difficult conversations. Part III teaches negotiation for changed behavior, shared goal-setting and how to maintain energy and motivation to accomplish the goal.*